

## SCAR CARE SHEET PATIENT CARE RESOURCES

Dr. Levine wants to prevent as much scarring as possible. Scarring may be a result of your recent surgery or injury. In order to minimize the appearance of the scar, we recommend the following treatment.



**Moderma ADVANCED** is a scar gel that is to be applied and gently massaged into the scar ONCE a Day for 8 weeks on new scars, and 3-6 months on old scars for best results. You should begin applying as soon as your scar has closed.

## Reminder:

Keep scar clean. (You may use water & a gentle cleaner) Scars generally look their worst between 4-8 months and continue to improve for up to one year.

The sun causes scars to darken even in the winter season. Apply sunblock with a minimum of SPF 30 with the active ingredient Zinc Oxide for full spectrum coverage.

If you have any further questions, please do not hesitate to call us (212) 245-8140.



Dr. Joshua L. Levine is the Director of The Center for Breast Reconstruction, and has performed over 1,000 successful breast reconstruction surgeries. He is world-renowned for his expertise as an advanced microsurgical breast reconstruction surgeon.